

The Garden Globe

June 2017

The Gardens at West Highlands

2641 Garry Drive Lethbridge

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Celebrating June

Book Club: A Tale of Two Cities
June 2nd

Pancake Breakfast
June 5th

Entertainment: Barb Marchuk
June 5th

Crazy Bingo
June 6th

Coffee & Chat Potluck
June 7th

Banana Spltz Blitz
June 8th

Walk to Menchie's
June 9th

Father's Day Parties
June 14th & 15th

Bright Smiles Teeth Cleaning
June 15th

Happy Father's Day!
June 18th

Name Card Night (please tell Randi if you intend to stay at your normal spot)
June 21st

First Day of Summer!
June 21st

KFC Picnic in the Park
June 22nd

Restaurant Visit
June 26th

Personal Touch Fashions
June 28th

Homemade Ice Cream
June 28th

Birthday Party with Cripple Creek
June 29th

Hearing Life Canada
June 30th

Sing Along
June 30th

Seniors Week!



"The Mountains are Calling and I Must Go!"

This year we are celebrating Father's Day on June 14th and 15th with a fishing rod in hand (figuratively) and a tent around the corner (literally)!

We have a very special group of men at The Gardens and we want to celebrate them with a camping themed party! If you would like to attend, please sign up by June 9th. We will have our version of camping treats and other special surprises. Our Hall of Fame will be up again for the men so please, if you are on the list posted at the bulletin board, bring down a picture of your younger self for us to display!

Happy Seniors Week: June 5th-9th!

We love you guys! We want you to know how much we appreciate you and want to spend the week celebrating you! Monday, June 5th is the first day of the festivities and we will kick it off with a pancake breakfast at 9:00am! Come and go as you please until 10:00 and keep in mind this replaces coffee and chat. We will then fill Monday afternoon with entertainment at 2:00. Tuesday bingo is becoming **crazy** with some great prizes you'll want to go home with! Bring a dish on Wednesday to share with the group at coffee & chat for a resident potluck! Come with a snacky appetite on Thursday and indulge in the banana splitz blitz at 2:00 in the dining room! We'll finish the week off with a walk to Menchie's for frozen yogurt.

Outdoor Picnics are Back!

June 22nd is the first outdoor picnic of the year! The meal consists of KFC, coleslaw, buns, frozen fruit salad, popsicles and cookies. Everyone is welcome to come but we need you to sign up so we know how much food to prepare! If you want to switch meals and are a regular lunch attendee, there is no charge. If you attend supper and would like to come to the picnic, the charge is \$10.50. Please tell the kitchen of your intentions, as well as make a note on the sign-up sheet whether you are switching meals or not.

RESTAURANT VISIT TO MOCHA CABANA!

Mocha Cabana is a great local restaurant located downtown at 317 4th St. S. They have a wide and tasty selection of fresh food that is made with ingredients from surrounding towns. Make sure you save room from your meal though because their homemade cheesecakes are definitely worth sampling! The restaurant itself is a historical building dating back to 1930! If you would like to go and visit it with Randi on Monday, June 26th, please sign up at the board up the ramp! We will be leaving at 11:30; please bring enough money to pay for your meal.



Regular Activities at The Gardens

Everyday (except Sunday)

Coffee, Chat & Crib

Monday

Exercises / Scrabble / Movie Night / Pay Me

Tuesday

Tai Chi/Yoga / Bridge / Bingo / Canasta / Shuffleboard

Wednesday

Exercises / Line Dancing / Rook / Crib

Thursday

Tai Chi/Yoga / Whist

Friday

Walk in the Park / Movie Night / Pay Me

Saturday

Various Games / Shuffleboard

Sunday

Shuffleboard

June Activities

June 1 – Bean Bag Toss (outdoors hopefully!)

June 2 – Book Club

June 5 – Pancake Breakfast

June 5 – Entertainment: Barb Marchuk

June 6 - Horseshoes

June 6 – Crazy Bingo!

June 7 – Coffee & Chat Potluck

June 8 – Banana Splitz Blitz

June 9 – Walk to Menchies for Frozen Yogurt

June 10 – Horse Races

June 12 – Wii Bowling/Boxing

June 14 – Father's Day Party

June 15 – Father's Day Party

June 15 – Bright Smiles Teeth Cleaning (sign up)

June 16 – Blongo Ball

June 18 – Happy Father's Day!

June 19 – Bean Bag Toss (outdoors hopefully!)

June 21- Father van Teghan students sing

June 21 – Horseshoes

June 21 – Name Card Night

June 22 – Picnic in the Park: KFC!

June 22 – Handbells

June 23 – Bocce Ball

June 24 – Horse Races

June 26 – Restaurant Visit to Mocha Cabana

June 26 – Horseshoes

June 28 – Personal Touch Fashions (10:00-2:00)

June 28 – Homemade Ice Cream

June 29 – Birthday Party with Cripple Creek

June 30 – Horseshoes

June 30 – Sing Along

Shared from a Resident for a Laugh:

“I know that you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant.” –

Robert McClosky



