

January 2017

The Garden Globe

The Gardens at West Highlands 2641 Garry Drive West Lethbridge 403-942-0606

Celebrating January

Table Swap
January 2nd – 12th

Wii Games
January 6th

Indoor Picnic KFC
January 12th

Residents Council
January 13th

Mini Golf at the Movie Mill
January 20th

Bookmark Craft
January 25th

**Birthday Party with
Randy Broadhead**
January 26th

Homemade Ice Cream
January 27th

Hearing Life Canada
January 27th



Happy New Year!

**** 2017 ****

May your new year be blessed
with peace, love and joy!

Indoor Picnic – January 12th

Want to beat the winter blues? Come join us for a winter picnic! On Thursday, January 12th at 12:00 noon we will have Kentucky Fried Chicken in the third dining room so sign up if you want to come along! It will be fun to bring back those blissful summer memories.

If you are a supper resident and would like to come to the picnic you may switch your supper to lunch for that day at no charge. If you do lunches with us there will be no charge, but if you are not signed up on the picnic list, you will be getting the regular lunch that day. Please remember to let the kitchen know if you are making any changes to your meal package for that day.



Field Trip to the Movie Mill!

On January 20th, we will be taking a field trip to the Movie Mill to play Mini Golf! There will be a sign-up sheet by the mailboxes. The cost is \$3.00 and we will be taking the shuttle over, leaving at 1:45pm. If you can drive yourself please write that on the sign-up sheet.





What a rewarding afternoon we had performing for the residents at the Good Samaritans! What a talented group we have too, from hand bells to our choir to line dancing! Good job to all of you!

December Activities



The Resident Christmas Supper and Party

↑ 4 Ever Praise visited us the beginning of December and they were fantastic singers!



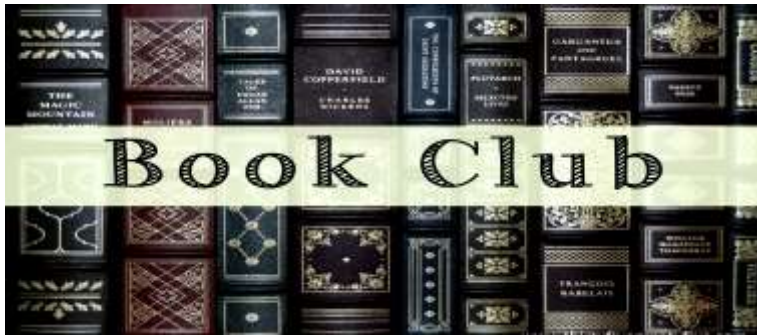
Our Christmas Party was such a joyous time of sharing, singing and laughs! What a fantastic and loving community we have! Merry Christmas everyone!



The displays were amazing at the Festival of the Nativities!!



Thank you to you and your families for participating and making Family Fireside Night a success!



We had a great first meeting discussing *The Old Man and the Sea* by Ernest Hemingway! We have a great group involved but it would be awesome to have more people involved; if you are interested, please talk to Randi. Our selection has been from a list of classics; our mid-December book/play is Oscar Wilde's *The Importance of Being Earnest* (which we will discuss in January) and in January we will tackle *The Grapes of Wrath* by John Steinbeck. The meeting for *The Grapes of Wrath* will be the beginning of February.



Attention Bridge Players!

As of January 5th, there will be an additional time added to the activity calendar for those interested in playing bridge. If there are any other games that you think would be a great afternoon of evening activity, please inform Randi or Karen; we'd love to have more options for you!

Attention Shuffleboard Players!

This month we are adding an extra time for shuffleboard on Saturdays! Because of the large group in the evening, we are hoping that splitting the group up will allow for more turns and smaller teams. Any feedback about the system would be helpful to know, so please pass that along to Randi or Karen.

Missing Items

If you have seen Dorine Scott's blue and white Christmas stocking, please return it to the office; it was hanging on her door (#142).

The staff would like to thank all the residents for the delicious treats, beautiful flowers and generous gifts of cash. We are blessed to be part of your lives. Thank you very much!

Activities at The Gardens

Everyday (except Sunday)

Coffee, Chat & Crib

Monday

Exercises / Movie Night / Pay Me / Crochet & Knitting Club

Tuesday

Tai Chi/Yoga / Bridge / Bingo / Canasta / Shuffleboard

Wednesday

Exercises / Canasta / Line Dancing

Thursday

Tai Chi/Yoga / Whist / Bridge

Friday

Exercises / Movie Night / Pay Me

Saturday

Assorted Games / Shuffleboard

Sunday

Shuffleboard

January Activities at the Gardens

January 1 – Table Swap Begins

January 4 – Bean Bag Toss

January 5 – Learn to play Sequence!

January 6 – Wii Games

January 9 – Book Club

January 11 – Bean Bag Toss

January 12 – KFC Picnic

January 12 - Table Swap Ends

January 13 – Resident Council

January 16 – Carpet Bowling

January 18 – Sing-a-long

January 19 – Hand Bells

January 20 – Mini Golf at the Movie Mill

January 23 – Sequence

January 25 – Craft – Make Bookmarks!

January 26 – Birthday Party with Randy

Broadhead

January 27 – Homemade Ice Cream

January 30 – Learn to play Scategories!



Thank you to everyone who donated to the food bank! It's great to help others! Thank you for being such a generous group!



The Girl Guides who came were a cute treat to see during Christmas supper! →



January Birthdays

- J.R.R. Tolkien (writer) – Jan. 3, 1892
- Soupy Sales (comedian) – Jan. 8, 1926
- Robert Stack (actor) – Jan. 13, 1919
- Rakesh Sharma (cosmonaut) – Jan. 13, 1949
- Ethel Merman (singer) – Jan. 16, 1908
- Oliver Hardy (comedian) – Jan. 18, 1892
- Dolly Parton (singer) – Jan. 19, 1946
- Neil Diamond (singer) – Jan. 24, 1941
- Oprah Winfrey (host) – Jan. 29, 1954
- Jackie Robinson (ballplayer) – Jan. 31, 1919



↑ The two Kindergarten and Grade 3 visits we had from Father Leonard Van Tighem School were adorable! What did you think of the Reindeer Pokie?

↓ The hand bell choir and choral group from Mike Mountain Horse School were a lively group with great talent!



We were lucky to have been entertained by such a variety of children's groups this season!