

# Garden Globe



The Gardens at West Highlands

2641 Garry Drive Lethbridge

403-317-3024

## Celebrating April

**Cardston Line Dancers**

*April 3<sup>rd</sup>*

**Table Swap Begins**

*April 3<sup>rd</sup>*

**Book Club**

*April 5<sup>th</sup>*

**Butterfly Craft**

*April 6<sup>th</sup>*

**Handbells**

*April 6<sup>th</sup>*

**Airdrie High School Band  
Performance**

*April 7<sup>th</sup>*

**Deanna's 80<sup>th</sup> Birthday Party**

*April 8<sup>th</sup>*

**Dye Easter Eggs**

*April 10<sup>th</sup>*

**Free Mini Massages**

*April 11<sup>th</sup>*

**Decorate Easter Cookies**

*April 12<sup>th</sup>*

**Easter Celebration**

*April 13<sup>th</sup>*

**Table Swap Ends**

*April 13<sup>th</sup>*

**Easter Sunday**

*April 16<sup>th</sup>*

**Resident Council**

*April 17<sup>th</sup>*

**Homemade Ice Cream**

*April 20<sup>th</sup>*

**Marina: Songs & Stories**

*April 21<sup>st</sup>*

**Variety Show**

*April 25<sup>th</sup>*

**Birthday Party with Karaoke Karen**

*April 27<sup>th</sup>*

**Hearing Life Canada**

*April 28<sup>th</sup>*

## Celebrating Easter!



We are claiming the week of Good Friday as our week to celebrate Easter! In our

celebrating, we will be dyeing eggs in unique ways, decorating cookies, and enjoying those cookies and other

delights at our Easter Party on Thursday, April 13<sup>th</sup> at 2:00pm on the 2<sup>nd</sup> floor. 4 Ever Praise will be there to lead us in song!

If you're interested in reading the Easter story, you can find it in the bible here: Luke 22-24.

### A Variety of Talent Ensues!

Pauline Bohnert's family is coming again to entertain us with a variety show! It will be a fun time and who knows what you'll see, so come on out! This will occur Tuesday, April 25<sup>th</sup> at 2:00pm on the 2<sup>nd</sup> floor; bingo will be postponed to the next day, Wednesday.

### The Cardston Line Dancers Return



On Monday, April 3<sup>rd</sup> at 2:00pm, we will be entertained by the fantastic Cardston Line Dancers! Their performance will be on the 2<sup>nd</sup> floor in the party space and we hope you can make it out!

**P.S.** There may also be a performance by our own line dancers from The Gardens!

### Marina Is Coming Back!

Marina has entertained us with her songs and her funny stories the last two times she has been here and in her upcoming performance she promises not to disappoint! She has a new set she wants to try out for us and we're going to let her on April 21<sup>st</sup> at 2:00pm on the 2<sup>nd</sup> floor. Come on out for a good time!



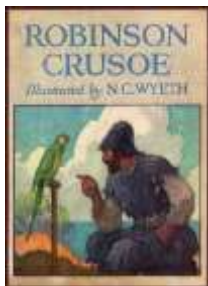
### Field Trip Opportunity!

We have the opportunity to go and see a show put on by the LCI Dance Program called Zirkoa on May 11<sup>th</sup> at 1:00pm at the Yates Theatre. The cost is \$3.00 and the show runs for about an hour and a half. We would like to know how many of you are interested in coming, so please sign up at the mailboxes by April 21<sup>st</sup> so we can buy tickets in advance. Please make a note on the sheet if you are able to drive if we need drivers.



“All our discontents about what we want appeared to me to spring from the want of thankfulness for what we have.” – “Robinson Crusoe” (Daniel Defoe)

This month we will be discussing “Robinson Crusoe” by Daniel Defoe! Anyone is welcome to join us if you have or haven’t read the book, we love newcomers! Our next meeting will be April 5<sup>th</sup> at 2:00pm in the library. We have been sticking to the classics because of their availability; however, if you would like the book club to read something more contemporary and know the library would have a few copies in stock, please come talk to Randi or bring it up at the next book club meeting!



Hope you see you out!

**An 80<sup>th</sup> Birthday Party!**

Deanna Nelson’s family wants to throw a big party to celebrate her 80<sup>th</sup> birthday! The party is on April 8<sup>th</sup> in the 2<sup>nd</sup> floor party area and will start at 2:00pm ending at 4:00pm. Come when you can to wish Deanna all the best for her upcoming year!



**Mother’s Day Tea Cups**

If you or anyone you know has tea cups or teapots to part with, we would like to start our own assortment since Maxine is taking her collection to Africa to use there. Any style and color is acceptable.



**Learn at the Westside Library!**

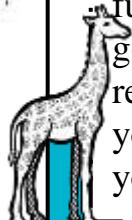
Thursday, April 20<sup>th</sup> at 10:00-11:00am is Seniors’ Café Chat at The Crossing Branch Library on the Westside. Learn about Oral Health and enjoy light refreshments.



**The Gardens’ Top Scorers of March**

- Bean Bag Toss Round 1**  
- Marilyn Rathwell
- Bean Bag Toss Round 2**  
- Marilyn Rathwell & Gordon Gostick (tied)
- Bean Bag Toss Top Scorers Overall**  
1<sup>st</sup>: Marilyn Rathwell with 111  
2<sup>nd</sup>: DeCon Pitcher with 68  
3<sup>rd</sup>: Shirley Stewart with 67
- Carpet Bowling Round 1**  
- Betty Sefcik
- Carpet Bowling Round 2**  
- Gordon Gostick
- Carpet Bowling Top Scorers Overall**  
1<sup>st</sup>: Teresita Larson with 96  
2<sup>nd</sup>: Shirley Stewart with 94  
3<sup>rd</sup>: Jean Shepherd with 90

Come out this month to challenge the competitors!



**Regular Activities at The Gardens**

**March Activities at The Gardens**

**Every day (except Sunday)**

Coffee, Chat & Crib

**Monday**

Exercises / Scrabble / Movie Night / Pay Me

**Tuesday**

Tai Chi/Yoga / Bridge / Bingo / Canasta / Shuffleboard

**Wednesday**

Exercises / Line Dancing / Rook / Crib

**Thursday**

Tai Chi/Yoga / Whist

**Friday**

Exercises / Yarn Time / Movie Night / Pay Me

**Saturday**

Various Games / Shuffleboard

**Sunday**

Shuffleboard

**April Activities**

- April 3 – Cardston Line Dancers
- April 3 – Table Swap Begins
- April 5 – Book Club – “Robinson Crusoe”
- April 6 – Butterfly Craft
- April 6 – Handbells
- April 7 – Airdrie High School Band Performance
- April 8 – Birthday Party for Deanna Nelson
- April 10 – Dye Easter Eggs
- April 11 – Free Mini Massages
- April 12 – Decorate Easter Cookies
- April 13 – Easter Party with 4 Ever Praise
- April 13 – Table Swap Ends
- April 14 – Learn Whist
- April 17 – Resident Council
- April 19 – Bean Bag Toss
- April 20 – Homemade Ice Cream
- April 21 – Marina Songs & Stories
- April 24 – Carpet Bowling
- April 25 – Variety Show
- April 26 – Bingo
- April 26 – Supper Name Card Night (please tell Randi or Karen if you do not want to move)
- April 27 – Birthday Party with Karaoke Karen
- April 28 – Wii Bowling

Thank you Maxine for all you have done over the years to make sure we have a fun time and eat good food! We are really going to miss you! All the best to you in Africa!





# March in Review

The luck o' the Irish was at The Gardens on St. Patrick's Day; we are so lucky to have so many talented residents! Thanks to everyone who came out!



Thank you to all the ladies who came out to help chop the vegetables for our Hawaiian Haystacks! The results sure looked tasty!



It was so fun to watch the hula dancer and her family perform for us again!



Thank you everyone for dressing up and making our Hawaiian Party even more festive and more of a party! You all looked great!



We had 25 residents out for ice cream this month! There was a split decision about which was better, the Pina Colada flavor or the Hawaiian ice cream, Guri Guri. Come out next month to see what we'll have then!



Jane brought her adorable baby, Landon, by at coffee time and Auntie Maxine showed him off.

Happy Birthday to all you March babies!

**Monthly Handbook Review**

***Just a reminder of our Shuttle Van Policy:***  
*Please sign up at least 24 hours in advance of your scheduled trip. Shuttle service is available from 9:00AM to 4:30PM Monday to Friday. If you have any questions you can talk to Dianne.*

**Foot Care**

A reminder that Yvonne Nelson will come in to do foot care! She charges \$20 for a foot soak and nail trimming, plus \$5 if you want nail polish. For hands, it is \$10 for a trim, massage and polish. If you are interested and would like to set up an appointment, her number is 403-795-6953. Her business cards are also at the front desk.

**April Birthdays**

If you were born between April 1–19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big and outgoing personalities. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, like to reward themselves for a job well done.

- Emmylou Harris (musician) – April 2, 1947
- Marlon Brando (actor) – April 3, 1924
- James D. Watson (scientist) – April 6, 1928
- Beverly Cleary (author) – April 12, 1916
- Queen Elizabeth II (royalty) – April 21, 1926
- Barbra Streisand (entertainer) – April 24, 1942
- Jay Leno (comedian) – April 28, 1950
- Duke Ellington (pianist) – April 29, 1899

**Some Housekeeping**



**Doggy Care**

Please remember to clean up after your dogs when you take them out. Thank you!

**Dining Room Principles**

Just a reminder that there is no assigned seating in the dining room. If there are open seats at your table, do not dissuade anyone from sitting there even if someone else usually sits there. It's a compliment if someone different wants to sit with you; this means they want to get to know you! If four of you want to claim your table for the night, all four of you must come down early enough to get it. We know it is a bit stressful looking for an available seat but we must respect each other and treat everyone politely. An hour long meal is a great way to get to know your neighbors!